

Colchester North MIA Karen Casey, on behalf of the Department of Economic Development, presented a cheque for \$15,000.00 to Royal Canadian Legion Debert Branch # 106 on April 28, 2009. The money is being used for Branch renovations. Shown at the Presentation (from left); Comrade Ray Crossman, Comrade Earle Harvey, Comrade Betty Crossman, Branch Secretary John Sterling, Karen Casey MIA, Comrade George Cooke, Branch President Charles Borden, Jr. and Comrade Gloria Campbell. (Submitted Photo)



Comrade Betty Crossman had a Certificate recognizing her as Royal Canadian Legion Debert Branch # 106 Legionnaire of the Year presented by MLA Karen Casey on April 28, 2009. (Submitted Photo)

"Let's Get Active" – a new NS Trails committee network

By Bob White

It gives me great pleasure to announce, on behalf of NS Trails and six other committee members, the formation of a new committee; namely the "Let's Get Active" (LGA) Committee.!

In a nutshell, our terms of reference will be to promote all types of human powered activities on the trails and waterways of Nova Scotia. We will do this by establishing a network of sub committee members from the various NS Trails groups and clubs. These "champions" as we refer to them will be like minded out door active enthusiasts, who like to walk, hike, bicycle, paddle, XC ski, snow shoe and the like.

It is our desire to promote these activities and events to encourage people of all ages to partake and enjoy a healthy lifestyle, for all the right reasons. We further feel this NS Trails LGA initiative will reduce health care costs, generate tourism, provide vacation opportunities and present numerous cottage and commercial industries to support the anticipated growth. We are all of the opinion; the Trails and other properties in NS represent a significant opportunity, and truly believe this is both the time and place to move human powered activities forward!

What we are not? We are not advocates for any specific cause, other than promoting the activities as described above as well as events to encourage substantial usage increases. Our mission is simple – encourage people to use the trails for human powered activities.

What we need? To fulfill our goals (pedals, paddles and footsteps on trails and waterways), we need two or three dedicated individuals to serve on the main LGA Committee as well as 45 to 60 "Champions" from all parts of

NS and active disciplines, who are currently members of NS Trails or affiliates, like Hike NS, the 25 or so Trail Groups, Bicycle NS associated Clubs and the like. We would love to hear from you - contact Bob White at bikebob@eastlink.ca

This is our time; this is your chance to make a difference! Please feel free to pass this message along to your membership listings - together, we can truly move forward when we all pull the load together and in the same direction.

Bob White is Director / Chairperson, Let's Get Active Committee, NS Trails www.novascotiatrails.com. He can be reached at bike-bob@eastlink.ca

Debert Legion Notes

By Danny Martell

A very special thank you is passed along to Margierite McNutt and Myrna McCully, for the medical equipment. Both of these fine ladies donated to the Branch.

Marguerite and Myrna thank you very much, there is no doubt the equipment will help someone in our area in the future.

Don't forget the "Military Trade Display" which will be put on by "The Atlantic Military Collectors Society" on Saturday, May 30th, doors open at 10:00AM. For more information call Walter Millen at 668-2725.

Our readers and eaters are reminded that the Friday Night Suppers will close down for the summer months as of Friday, May 29th. They will start up again in September.

To all the people who worked in the kitchen, helping put the suppers on, thank you very much. To all the people who supported the suppers, thank you so much.

A tip of the hat and a big thank you is passed along to Marina Fisher, Betty Totten and Debbie Taylor, for the wonderful job they did in organizing a pot luck supper, to help raise some money for Darrah Colpitts, who is having some health issues right now.

To the wonderful people who helped in the kitchen, manned the door, sold tickets, thank you for your help. To the people and businesses who donated prizes, thank you. To those who donated articles (ie. salads, casseroles, bread, buns, beans, etc.), thank you.

To all the people who attended the supper and to those who dropped off financial donations at the door, thank

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you and to all who helped in any way, and once again to Marina, Betty and Debbie, thank you. Your help is/was appreciated. A very substantial sum of money was realized.

Congratulations are passed along to Norm and David Eastcott for their fine showing at the Nova Scotia Provincial Command Crib Play-offs, which were held at "Montgomery Branch 133", in Enfield, on Saturday, the 18th of April.

For their efforts Norm and David will be off to St. John, N.B., to help NS Command, in the Maritime Crib Championship on Saturday, May 2.

Bobby Pash and Tom Manley were in the running to finish in the top ten, until they ran into a little old couple, who really whomped them. Bunny Burris and Marg Miller had an excellent tournament, but alas they finished a few points out of tenth spot.

There were 82 teams in the Tournament and Branch 35 from Westville was the overall winner.

Norma and David, good cards and good luck in St. John, in May.

To finish this article on the Play-offs in St. John, N.B., Bunny and Marg did get to go, as one of the original top ten had to back out, therefore leaving a vacancy.

Norm and David had an excellent Tournament. They finished 1st among the NS Teams and 2nd overall. Norm rang up a 24 hand. Bunny and Marg did not do too good.

Norm, David, Marg, and Bunny say the hospitality provided by Lancaster Branch #69 in St. John was very good and the Roast Beef Supper, provided by Branch#69, was excellent. (Norm & Dave, thank you for the ribbon and pins).

On Saturday, May 9th, the Dart League finished off their

season with a Surf and Turf Banquet and the presentation of individual and Leaque awards. The individual winners were announced in last month's Journal.

The Play-Off Winners were the team of Deanna Martell, Gerry Dykens and Ron "Easy" Eastcott.

Gerry and Earl Harvey did a very good job of keeping everything running on an even keel and the presentations were over in a hurry.

The big winner for the night was the IWK Hospital. A cheque for \$400 will be sent to the IWK, most of it from the Tinkle Jar.

To the out-going Executive, thank you for a job well done. To the incoming executive for 09-10 thank you for volunteering and good luck. Let's hope there is a few more teams for 09-10.

Well it is fishing season again and Larry and Spencer Martell, Lorne Pelham and Dale Taylor had an excellent trip to one of the local lakes recently. They had three beautiful trout.

Danny MacEachern, who is always good for a story or two, was telling me he has to take someone with him to catch his limit, his luck has been so poor.

Jimmy McMullen dropped in a few days ago to say hello, and he let me know the fish have not been co-operating at all, so far this year.

By the way Jimmy, an old friend is/was wondering if you ever acquired a taste for porridge, after that year in Westchester?

One final fishing story for this edition. This past long weekend (16-18 May) saw Larry Martell, Lorne and Doug Pelham, Jim Cumming, Richard, Clinton MacKenzie and Robert Muise take off to the "Liscomb Game Sanctuary" for their yearly trip down that way to have some fun and get in some great trout fishing.

The boys had two great days

of fishing and they all came home with trout. Their was no really big lunker, but boy were they ever nice and pink and did they ever taste good.

I would like to pass along a thank you to Jimmy Cumming, who sent me home a feed. Thanks Jimmy, Larry did them on the BBQ and they were scrumptious. The geese breasts were excellent.

What in the name of time is the Huffle Shuffle? Is it a dance? Did it originate in West Colchester? No one seems to know what it is, or where it came from?

Darrell Cock says he wooed Debbie right off her feet, away back when. Just maybe he will rent a hall or barn and give is a lesson or two. What say Darrell? Every one should be able to Huffle Shuffle.

Who was the young fellow who paid over \$200 for two 24's of "Coor's Lite". My gosh a fellow must really like his beer to pay that kind of price.

Rumour has it that they were on sale. Dave, is their any truth in that rumour? What was the original price?

Happy Birthday wishes for May are passed along to Mike Glen, Ralph Campbell, Mae MacDougall, Janice Turner, Sue Taylor, Alfred Matthews, Jim Bates, Duncan Thomson, Virginia (Silver Cross Mother) Roberts, Kenny Smith (Sr), Shawn Taylor, Shirley Lewis and Marg Nicholson.

Happy Anniversary wishes for May are passed along to Shelia and Wilfred Crowe, Gloria and Ralph Campbell, Annette (Jo) and Steve Williams, Phyllis and Gordon McCully (60+).

Please say a prayer for our troops in Afghanistan, and their families.

Please don't forget to thank a Veteran, it is because of their sacrifices that we are able to enjoy our freedom and our country.

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