

Mo's, must-stop in Five Islands

By Linda Harrington

Stop by for a coffee, curl up with a good book, admire the newest art display, chat with neighbours and sample one of the delicious menu choices for lunch. You can do all this and more at Mo's, opening soon (May 30th) along the Glooscap Trail in Five Islands.

People familiar with the area will recall the former Mel's ("Some Good Food") which closed several years ago. The building is currently undergoing major renovations but Dick Lemon hopes the doors will be open on May 30th to welcome

friends and neighbours.

"I hope that people along the shore will get in the habit of stopping by once a day," says Dick Lemon. "They will take a break from their busy day and come to Mo's for a cup of coffee and a chance to sit down and catch up on the news with others in the community."

Guests at Mo's will notice big comfy chairs and as they enter through the front door with hundreds of books available for sale, rent or borrow and a selection of art on display from the Argyle Gallery of Halifax A wood fired pizza oven will be glowing near by and the aroma of freshly baked breads, biscuits and homemade soups will fill the air.

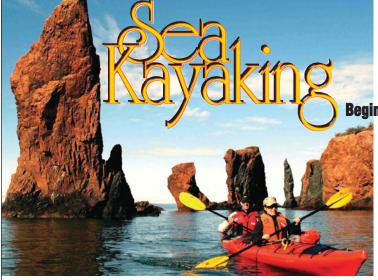
"I hope it gives people the feeling of a living room with lots of things going on," says Dick Lemon.

The building will have wireless internet throughout and the back section will include a ten bed hostel with clean, comfortable, colorful rooms available for travelers.

For more information on Mo's or to reserve a room at the hostel phone: 902-254-8088.



Beautiful Thomas Cove, exciting at every angle.



Kayak the Bay of Fundy on the world's highest tides.

Small Groups.
Beginners Welcome.

NovaShores
Adventures
is the only
kayak company
offering day tours
to the famous
THREE SISTERS
seen in this photo.



Nova Scotia Call Toll Free 1-866-638-4118

www.novashores.com

Reservations Required . Tours Meet in Advocate Harbour





Advocate's One-Stop Services Centre

Only gas outlet on Hwy 209 between River Hebert and Parrsboro
Local Fresh Seafood - flounder, haddock, Scallops, Lobster.
Food Service: Pizza, Subs, and Bakery
Groceries, Fresh Maritime Pork and Beef.

Maple Syrup, Jams and Preserves
Hardware and Camping Supplies
Fishing and Hunting Licenses
Eating Area & Picnic Tables
NSLC Agency Outlet

Ice
Ice Cream
T-shirts and Hats
Propane Exchange
Movie Rentals
Groceries
Washrooms
ATM

Hours: Mon to Sat 7:30 am 9:00 pm, Sunday's 9 am to 9 pm.
RiteStop Owners: Mike Berry & Sarah Clarke, 3554 Highway 209

Advocate Harbour, NS BOM 1A0

PH: 902-392-2292; Fax: 902-392-2467



More from the cliffs overlooking Thomas Cove.



And... Thomas Cove, a sunset to behold.



Walk the shoreline at our low tide. Here is one of the beaches at Joggin's Fossil Cliffs.